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# Half-Life Extending Modifications of Peptide YY<sub>3-36</sub> Direct Receptor-**Mediated Internalization**

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**Supporting Information** 

**ABSTRACT:** Peptide  $YY_{3-36}$  (PYY<sub>3-36</sub>) is an endogenous ligand of the neuropeptide  $Y_2$  receptor  $(Y_2R)$ , on which it acts to reduce food intake. Chemically modified PYY<sub>3-36</sub> analogues with extended half-lives are potential therapeutics for the treatment of obesity. Here we show that the common half-life extending strategies PEGylation and lipidation not only control PYY<sub>3-36</sub>'s pharmacokinetics but also affect central aspects of its pharmacodynamics. PEGylation of PYY<sub>3-36</sub> inhibited endocytosis by increasing receptor dissociation rates  $(k_{off})$ , which reduced arrestin-3 (Arr3) activity. This is the first link between Arr3 recruitment and Y2R residence time. C16lipidation of PYY<sub>3-36</sub> had a negligible impact on Y<sub>2</sub>R signaling, binding, and endocytosis. In contrast, C18acid-lipidation minimized endocytosis, which indicated a decreased internalization through non-arrestin-related mechanisms. We propose a temporal model that connects the properties and position of the half-life extender with receptor G<sub>i</sub> versus Arr3 signaling bias. We believe that this will be important for future design of peptide therapeutics.



**KEYWORDS:** pharmacodynamics, PYY<sub>3-36</sub>, Y2 receptor, signaling, internalization, lipidation

# ■ INTRODUCTION

Pharmacological doses of peptide YY<sub>3-36</sub> (PYY<sub>3-36</sub>) reduce food intake through agonism of the neuropeptide Y<sub>2</sub>R receptor  $(Y_2R)$ , in both lean and obese humans.<sup>1,2</sup> Therefore, PYY<sub>3-36</sub> analogues show promise as antiobesity biopharmaceuticals.

 $PYY_{3-36}$  belongs to the neuropeptide Y (NPY) family, which exerts their biological responses through four rhodopsin-like G protein coupled receptors (GPCRs), Y<sub>1</sub>, Y<sub>2</sub>, Y<sub>4</sub>, and Y<sub>5</sub>.<sup>3,4</sup> Full length PYY is released by gastrointestinal L-cells in proportion to food intake,<sup>4</sup> after which it is rapidly truncated into  $PYY_{3-36}$ by dipeptidyl-peptidase IV (DPP-IV). From the gut,  $PYY_{3-36}$ circulates to the brain to exert its anorectic effects through hypothalamic Y<sub>2</sub> receptors.<sup>5</sup>

Antiobesity pharmaceuticals based on PYY<sub>3-36</sub> are actively pursued (e.g., refs 6-11), but their development is challenging due to  $PYY_{3-36}$ 's insufficient  $Y_2R$  selectivity over the other neuropeptide Y family receptors.<sup>12</sup> Moreover, PYY<sub>3-36</sub> has a short circulatory half-life of ~10 min,<sup>13,14</sup> like most peptide hormones. Additionally, PYY3-36 at supraphysiologic doses elicits dramatic emetic effects (vomiting) in both humans and dogs,<sup>11,15</sup> which partly can be correlated to high peak to trough (lowest concentration between doses) differences in the pharmacokinetic profiles.<sup>11,15</sup> Hence, a stable pharmacokinetic

profile is of great importance for future PYY<sub>3-36</sub>-based pharmaceuticals.

Two widely applied approaches for half-life extension of biopharmaceuticals are PEGylation, the covalent attachment of polyethylene glycol (PEG) chains typically 20-40 kDa in size (PEG20-40),<sup>16</sup> and lipidation, i.e., attachment of fatty acids that bind to albumin and promote self-assembly.<sup>16,17</sup> Both PEGylation and lipidation have been applied to extend the circulatory half-life of PYY3-36.6,10,11,18,19 However, as for all chemical modifications, PEGylation and lipidation can also affect agonist potency, receptor binding, peptide self-assembly, and *in vivo* distribution.<sup>20-24</sup> Consequently, the effects of PEGylation and lipidation on the pharmacodynamics of PYY<sub>3-36</sub> and other Y<sub>2</sub>R agonists have been difficult to predict. For example, a Y<sub>2</sub>R agonist half-life extended through the attachment of a hexadecanoic acid (C16) induced a weight loss in diet-induced obese (DIO) mice that was greater than when the Y2R agonist was modified with eicosanedioic acid (C20acid) or PEG20 (once daily, 10 nmol/kg, s.c.).<sup>11</sup> This

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was surprising, as the C16 modified  $Y_2R$  agonist had a much shorter *in vivo* half-life and a lower maximal plasma concentration than the C20acid and PEG20 analogues.<sup>11</sup> However, the C16 attached  $Y_2R$  agonist also induced a high degree of emesis in dogs, lessening its clinical potential.<sup>11</sup> This example demonstrates that efficacy and side-effects are not easily balanced in the case of  $PYY_{3-36}$  and that they are influenced by *in vivo* half-life and, most likely, several other factors. On the other hand, this provides the opportunity to use lipidation and PEGylation for adjusting the PD properties in a desired direction.

Mäde and colleagues<sup>25</sup> have previously demonstrated how PEGylation and lipidation differentially affected peptidestimulated receptor internalization. Mäde et al. attached a 22 kDa PEG (PEG22) to the PP analogue Obinepitide which reduced cellular internalization of the peptide and its two primary receptors, Y<sub>2</sub> and Y<sub>4</sub>.<sup>25</sup> In contrast, attachment of C16 through a  $\gamma$ Glu spacer significantly increased internalization. An important first step in the endocytic process of Y<sub>2</sub>R is the recruitment of arrestin-3 (Arr3) to the cytosolic part of the receptor.<sup>3,25</sup> PEG22 and C16-yGlu modification had opposite effects on internalization, which correlated with PEG22 decreasing maximum Arr3 recruitment levels<sup>25</sup> but C16-γGlu increasing it. The intriguing results concerning how C16- $\gamma$ Glu and PEG22 modifications control Arr3 recruitment and internalization of Obinepitide demonstrated a key role of half-life extenders in the control of cellular signaling. However, no mechanistic understanding of the half-life extenders' control was provided, limiting their applicability. To understand the scope of the effects of these chemical modifications, as well as their generality, we chose to study another peptide hormone,  $PYY_{3-36}$ , as well as several types of lipidations, and different modification sites in the peptide chain. We studied Y2R activity, affinity, internalization, and fully characterized Arr3 recruitment. Furthermore, we investigated Y<sub>2</sub>R binding kinetics and applied advanced quantitative microscopy to study membrane binding (Figure 1).

#### MATERIALS AND METHODS

**Peptide Synthesis.** *Materials.* NHS-ester Atto655 fluorophores were purchased from ATTO-TEC (Siegen, Germany), while mixed isomers of 5 (and 6)-carboxytetramethylrhodamine (TAMRA) were purchased from AAT Bioquest (Sunnyvale, USA). Methoxy-poly(ethylene glycol)-maleimide average molecular weights of 5000 g/mol (PEGS) or 20000 g/ mol (PEG20) were acquired from Laysan Bio Inc. (Arab, USA). 18-(*tert*-Butoxy)-18-oxooctadecanoic acid was purchased from BePharm ltd (Shanghai, China). For additional materials, please refer to the Supporting Information.

*General.* Peptides were assembled using Fmoc-based SPPS, purified by HPLC, and characterized using LC-MS and Maldi-TOF, as described in, e.g., refs 25 and 26. Generally, peptides were modified on resin. However, chemical attachment of large PEG chains and of Atto655-NHS was performed in solution. For detailed information, please refer to the Supporting Information.

In Vitro Studies. Plasmids. For BRET studies, two constructs containing the cDNA-sequence coding for human  $Y_2R$  C-terminally fused to eYFP and bovine Arr3 N-terminally tagged with *Renilla* luciferase variant 8 (Rluc8) were cloned into pVITRO2-hygro-Mcs (Invivogen) and pcDNA3 (Invitrogen), respectively, as previously described.<sup>25,27,28</sup> For the HA-(hemagglutinin)-tagged hY<sub>2</sub>R-eYFP, nine residues



**Figure 1.** Attachment of half-life extenders to  $\text{PYY}_{3-36}$  and other peptides enhances pharmacokinetic properties. However, the half-life extending moieties could also affect peptide pharmacodynamics.

(YPYDVPDYA) were added after the initiation codon, and the construct was cloned into pVITRO2-hygro-Mcs (Invivogen).<sup>25</sup> The correctness of all constructs was confirmed by sequencing of the coding region.

Chemocompetent *E. coli* DH5 $\alpha$  (RbCl<sub>2</sub>; NEB, USA) were transformed with the separate plasmids by heat-shock and grown O/N in selective media following the manufacturer's protocol, whereupon the plasmids were purified using a PureYield plasmid midiprep system (Promega, Germany) according to the manufacturer's instructions.

*Cell Culture.* HEK293 cells were cultured in DMEM/Hams F12 supplemented with 15% heat-inactivated FBS. HE-K293\_HA\_hY2R\_eYFP cells were generated, as previously described,<sup>25</sup> through transfection with HA\_hY2R-eYFP in pVITRO2-hygro-mcs plasmids and cultured in DMEM/Hams F12 supplemented with 15% heat-inactivated FBS and 0.1% hygromycin. Cell cultivation was performed in a humidified atmosphere at 37 °C and 5% CO<sub>2</sub>.

Membrane Preparation. HEK293 HA hY<sub>2</sub>R eYFP cells were washed and detached in DPBS, 4 °C, after which they were isolated by centrifugation for 5 min at 1800 rpm at 4  $^{\circ}$ C. The cell pellet was resuspended in 50 mM, pH 7.5, Tris buffer with 50  $\mu$ M Pefabloc (Sigma-Aldrich), homogenized in a Dounce homogenizer (25× loose pestle, 25× tight pestle), and centrifuged at 2400 rpm at 4 °C for 20 min. Subsequently, the supernatant was transferred to new falcon tubes and centrifuged for 60 min at 12000 rpm at 4 °C. The resulting pellet was resuspended in a 25 mM HEPES buffer (25 mM HEPES, 25 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, pH 7.4, with 50  $\mu$ M Pefabloc) and again homogenized using the Dounce homogenizer before being centrifuged at 12000 rpm at 4 °C for 60 min. Next, the membrane pellet was resuspended in Pefabloc-free HEPES buffer, 4 °C. The protein concentration was determined by Bradford protein assay. Finally, the membrane stock was diluted in the HEPES buffer to 0.3  $\mu$ g

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of protein/mL, added 50  $\mu M$  Pefabloc, aliquoted, and stored at -70  $^{\circ}\mathrm{C}.$ 

 $Y_2$  Receptor Binding and Kinetic Assay.  $Y_2$  receptor interactions were investigated by competition-based binding assays using isolated membranes from HEK293\_HA\_hY\_2R\_eYFP. Assays were performed in low binding 96-well plates (Greiner Bio-One) with a total volume in each well of 100  $\mu$ L. <sup>125</sup>I-hPYY and cold PYY analogue stock solutions and dilution series were prepared in Milli-Q water with 1% BSA.  $Y_2$ R containing membranes were thawed on ice and then diluted to 0.5  $\mu$ g of protein/40  $\mu$ L in HEPES buffer (same as above), pH 7.4, with 50  $\mu$ M Pefabloc (Sigma-Aldrich, Germany) and 1% BSA.

For measurements, to each well was added 10  $\mu$ L of 600 pM radioligand solution, then 50  $\mu$ L of cold ligands in varying concentrations (10  $\mu$ L in kinetic binding experiments), and finally 40  $\mu$ L of membrane solution (80  $\mu$ L containing 0.5  $\mu$ g of protein in kinetic binding experiments). Samples were then incubated at room temperature for 3 h (kinetic measurements: time as indicated) while shaking (200 rpm) before separating the bound <sup>125</sup>I-hPYY fraction from the unbound fraction. This separation was performed using a MicroBeta 96-well filtermate harvester (PerkinElmer) to filtrate the solutions through a GFC filter (PerkinElmer) presoaked with 0.1% polyethylenimine (Sigma-Aldrich). Membranes were washed three times with cold PBS and dried for 15 min at 55 °C. Finally, MeltiLex scintillation sheets (PerkinElmer) were melted on the membranes, and radioactivity was quantified using a MicroBeta scintillation counter (PerkinElmer). Unspecific binding was subtracted, and the data were analyzed with GraphPad Prism version 7.03 (GraphPad Software) using the equation "onesite-fit Ki", the determined radioligand concentration used in the assay, and the  $K_D$  of the radioligand for  $Y_2R$  (50 pM), which has been reported previously.<sup>29</sup> The kinetic data were analyzed using the function "kinetics of competitive binding" with K1 constrained to 6.4e8  $M^{-1} s^{-1} (k_{on}, radioligand)$  and K2 constrained to 0.015 s<sup>-1</sup> ( $k_{off}$  radioligand, weighted mean of fast and slow phase) as determined previously.<sup>29</sup> K3 ( $k_{on}$ , competitor) and K4 ( $k_{off}$  competitor) were fit simultaneously using a global (shared) fit for each peptide. The kinetic  $K_i$  was then determined by the ratio of K4/K3.

 $Y_2$  Receptor Activation Assay.  $Y_2$  receptor G protein activities of PYY<sub>3-36</sub> and its analogues were determined using the Cisbio HTRF cAMP assay Kit optimized for G<sub>i</sub> coupled receptors (#62AM9PEC, Cisbio), following the instructions of the manufacturer. Briefly, cAMP was measured by a timeresolved fluorescence technique on the basis of a competitive immunoassay using cryptate-labeled anti-cAMP antibody and d2-labeled cAMP. In the absence of cellular cAMP, the anticAMP cryptate conjugate may get into proximity with the cAMP-d2 conjugate and energy (FRET) can be transferred from cryptate to d2. A 384-well assay format with a total assay volume of 20  $\mu$ L was applied. 2.000 hY<sub>2</sub>R expressing CHO-K1 cells (#ES-352-C 22-3-2017, Lot # 460-167-A, stable clonal cell line, PerkinElmer) were incubated with peptide agonists and a fixed concentration of forskolin (~90% forskolin activity) for 40 min at 37 °C using DPBS containing 0.5 mM IBMX as stimulation buffer. After the addition of HTRF detection reagents and incubation for 1 h on a plate shaker (2400 rpm), signals at 620 and 665 nm (raw counts: ratio of 665/620) were detected by a ClarioStar (BMG Labtech) plate reader. Each peptide was tested in at least three separate experiments.

Bioluminescence Resonance Energy Transfer Assay. HEK293 cells were grown to 80-90% confluency in 75 cm<sup>2</sup> flasks and transfected O/N with 11725 ng of pVITRO-hY2ReYFP and 250 ng of pcDNA3-Arr3-Luc using the transfection agent Metafectene Pro (Biontex) according to the manufacturer's protocol. The next day, cells were reseeded into poly-Dlysine coated white Cell-star (chimney) 96-well plates (Greiner Bio-One) with approximately 150.000 cells/well and incubated O/N. Then, 45 min prior to the BRET measurements, the cell medium was replaced with 100  $\mu$ L of BRET assay buffer (25 mM HEPES in HBSS pH 7.2). Just prior to the BRET measurements, to each well was added 50  $\mu$ L of 16.8  $\mu$ M Coelenterazine H (DiscoveRx) in BRET assay buffer, followed by addition of 50  $\mu$ L of peptide solution (BRET assay buffer with  $\leq 0.4\%$  DMSO). Measurements were performed using a Tecan Infinite M200 microplate reader using filter sets Blue1 (luminescence 370-480 nm) and Green1 (fluorescence 520-570 nm) at 37 °C. Measurements were performed 5, 15, and 30 min post peptide stimulation. No significant differences were observed between measurements taken 15 and 30 min post treatment. Measurements of 15 min were used for calculations of Arr3 recruitment. Each peptide was tested in at least three separate experiments.

Live-Cell Fluorescence Microscopy. Fluorescence microscopy on live HEK293 HA hY2R eYFP cells was used to examine Y2R-mediated internalization of Atto655- or TAMRAtagged PYY<sub>3-36</sub> analogues. HEK293\_HA\_hY<sub>2</sub>R\_eYFP cells were seeded onto  $\mu$ -Slide 8-wells (Ibidi) to full confluency in 300  $\mu$ L of DMEM/Hams F12 supplemented with 15% heatinactivated FBS and 0.1% hygromycine. On the day of the imaging, fully confluent cells were starved for 30 min in Opti-MEM containing Hoechst33342 (Sigma-Aldrich) for nuclei staining. To visualize peptide and Y2R-eYFP internalization, cells were stimulated with 100 nM fluorescently tagged peptide analogues in Opti-MEM for 60 min. Subsequently, the peptide solution was aspirated, and cells were washed to remove noninternalized peptide. Washing consisted of  $1 \times 200 \ \mu L$  of HBSS,  $1 \times 200 \ \mu\text{L}$  of acetic wash (50 mM glycine (Serva) and 100 mM NaCl, adjusted to pH 3.1 with glacial acetic acid) for 20 s, and then 1  $\times$  200  $\mu L$  of HBSS. Finally, 200  $\mu L$  of Opti-MEM was added to the cells.

Fluorescence microscopy was performed using a Zeiss Axio Observer.Z1 inverted microscope (filters: 46, 02, 31, 50) equipped with an ApoTome Imaging System and a Heating Insert P Lab-Tek S1 unit, as described by Böhme et al. (2008).<sup>27</sup> Each peptide was tested at three or more separate occasions.

Live-Cell Imaging Data Analysis. Following live-cell internalization experiments, images (13-15 per Atto655 peptide containing  $44 \pm 7$  (S.D.) individual cells and 12-29per TAMRA peptide containing  $25 \pm 11$  (S.D.) individual cells) were exported to ImageJ v.1.5 and analyzed. The cellular internalization of the fluorescently labeled peptides was quantified in ImageJ. Moreover, Y2R-eYFP internalization was measured by quantification of Y2R-eYFP colocalized with the fluorescently labeled peptides. Analysis of peptide- and Y<sub>2</sub>R-eYFP internalization comprised a script-based identification of cells, disqualification of background and artifact signals, quantification of fluorescence intensity, and estimate of peptide/Y<sub>2</sub>R colocalization (Supporting Information Figure S4). The script was coded in Python but applied only tools available in ImageJ v.1.5. The script is in the Supporting Information. Following quantification, internalization degrees

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**Figure 2.** Primary  $PYY_{3-36}$  analogues synthesized for this project. (A) Sequences of human  $PYY_{1-36}$ ,  $PYY_{3-36}$ , and the backbones of the primary  $PYY_{3-36}$  analogues. Moreover, the modification sites of the control compounds are marked. (B) Crystal structure of native  $PYY_{3-36}$  (PDB entry  $2DM0^{36}$ ) with the primary modifications marked. The star indicates the addition of a fluorophore (Atto655 or TAMRA). (C) Numbering of  $PYY_{3-36}$  analogues of primary interest.

were compared using one-way ANOVA analysis with Dunnett's multiple comparisons post hoc test in Prism 7.03.

Membrane Binding; Widefield Microscopy. Liposomes consisting of a 20:29.5:0.5:20:29:1 mixture of cholesterol, 1,2-dioleoyl-sn-glycero-3-phosphoethanolamine (DOPE), 1,2dioleoyl-sn-glycero-3-phospho-L-serine (DOPS), 1,2-dioleoyl*sn*-glycero-3-phosphocholine (DOPC), and 3,3'-dioctadecyloxacarbocyanine perchlorate (DiO, for visualization), which makes up the main components of HEK293 cells,<sup>30</sup> were tethered to passivated microscopy glass slides following our recently developed methodology.<sup>31</sup> Widefield microscopy was then used to visualize the interactions of peptides with liposomes. The liposomes, having nanoscale dimensions, appeared as diffraction-limited dots in an optical microscope. However, the total integrated intensity of a liposome's homogeneously labeled membrane is proportional to the square of its diameter, and we recently showed<sup>32</sup> how this can be used to calculate the diameter of liposomes with very high accuracy  $(\pm 5 \text{ nm})$ .

After gentle washing of the chamber with HBSS, 100 nM peptides 1B-4B were added individually and allowed to equilibrate for 20 min prior to imaging. We calculated the

amount of bound peptide to each individual nanoscale liposome by integrating the signal of the Atto655 channel after background correction. To extract densities of bound peptides, peptide signals were normalized to the size of the liposome.<sup>32</sup> All calculations were performed using a script, which is available in the Supporting Information. Finally, densities of bound peptides were transferred to Prism 7.03 and compared using one-way ANOVA with Tukey's multiple comparisons post hoc test.

# RESULTS

**Design of PYY**<sub>3-36</sub> **Analogues.** From PYY<sub>3-36</sub>, a series of half-life extended analogues were created, **2A**–**14A** (Figure 2, Table 1). Of these, particular attention was given to the analogues having C16- $\gamma$ Glu (**2A**), C18acid- $\gamma$ Glu (**3A**), or PEG20 (**4A**) at PYY<sub>3-36</sub> position 7. Position 7 was selected as the site of modification, as it can be extensively modified with minimal loss of functional activity.<sup>6–8</sup> For the lipidated analogues, a  $\gamma$ -glutamic acid ( $\gamma$ Glu) spacer was incorporated between the fatty acid and peptide moieties, as this is known to enhance albumin binding and solubility of many lipidated peptides.<sup>20,33–35</sup> To allow for visualization and quantification

	N-term modification	pos. 7	pos. 10	pos. 14	pos. 22	pos. 30	$\begin{array}{c} G_i \\ EC_{50} \pm SD \\ (nM) \end{array}$	$\begin{array}{c} \text{Arr3} \\ \text{EC}_{50} \pm \text{SEM} \\ (\text{nM}) \end{array}$		
	Primary Peptides									
1A		А	E	Р	А	L	$0.2 \pm 0.1$	$63 \pm 6$		
2A		$K(C16-\gamma Glu-)$	Е	Р	А	L	$0.7 \pm 0.2$	$70 \pm 17$		
3A		K(C18acid-γGlu-)	E	Р	А	L	$0.3 \pm 0.2$	65 ± 9		
4A		C(PEG20)	E	Р	А	L	$0.9 \pm 0.1$	$2449 \pm 308$		
				Control Peptides						
5A		C(PEG5)	Е	Р	А	L	$0.5 \pm 0.2$	633 ± 85		
6A		K(C18-γGlu-)	E	Р	А	L	$1.2 \pm 0.6$	$60 \pm 2$		
7 <b>A</b>		K(C18acid-)	E	Р	А	L	$0.5 \pm 0.2$	$88 \pm 38$		
8A	C18acid-γGlu-	А	E	Р	А	L	$1.4 \pm 0.5$	992 ± 221		
9A		А	K(C18acid-γGlu-)	Р	А	L	$0.6 \pm 0.3$	74 ± 19		
10A		А	E	K(C18acid-γGlu-)	А	L	$0.9 \pm 0.1$	$177 \pm 15$		
11A		А	E	Р	K(C18acid-γGlu-)	L	$0.6 \pm 0.1$	$158 \pm 5$		
12A		А	E	Р	А	K(C18acid-γGlu-)	$0.6 \pm 0.3$	$447 \pm 127$		
13A		K(C18acid-γGlu-)	K(C18acid-γGlu-)	Р	А	L	$2.5 \pm 1.6$	$352 \pm 60$		
14A		K(C18acid-γGlu-)	E	Р	А	K(C18acid-γGlu-)	$2.3 \pm 1.3$	$1102 \pm 321$		

#### Table 1. Structure-Activity Relationship for PYY<sub>3-36</sub> Analogues 1A-14A<sup>a</sup>

 ${}^{a}$ "G<sub>i</sub> EC<sub>50</sub>" indicates functional hY<sub>2</sub>R G<sub>i</sub> protein potency characterized in CHO-K1 cells by detecting cAMP levels. "Arr3 EC<sub>50</sub>" indicates the potency by which peptides recruit arrestin-3 to hY<sub>2</sub>R characterized using BRET in HEK293 cells transiently expressing hY<sub>2</sub>R-eYFP and Arr3-luciferase. Average G<sub>i</sub> and Arr3 EC<sub>50</sub> values are derived from EC<sub>50</sub> values calculated in at least three independent experiments with triplicate or duplicate measurements.



**Figure 3.**  $Y_2R$  signaling upon stimulation of NPY, PYY<sub>3-36</sub>, or analogues of PYY<sub>3-36</sub>. (A)  $hY_2R$  G<sub>i</sub> activity characterized in CHO-K1 cells detecting cAMP levels. (B) Arrestin recruitment to  $hY_2R$  stimulated by PYY<sub>3-36</sub> analogues characterized using BRET in HEK293 cells transiently expressing  $hY_2R$ -eYFP and Arr3-luciferase. Curves are examples of one of three individual experiments with each data point measured in duplicates. Error bars illustrate the SEM.

of internalization in living cells, fluorophores (Atto655 or TAMRA) were incorporated at the  $\varepsilon$ -amine of Lys-4, resulting in peptides 1B-4B (Atto655) and 1C-4C (TAMRA). Atto655 is spectrally distinct from eYFP (red and yellow, respectively), which is fused to Y<sub>2</sub>R for quantification of the receptor. Thus, the bleed through should be minimal. Atto655 and TAMRA are dissimilar in terms of structure and fluorescence properties. Consequently, application of both types of fluorophores should minimize the likelihood of potential artifacts obscuring results. Finally, to further investigate the effects of PEG size, spacing, lipidation type, lipidation position, and dual lipidation, a set of control peptides were synthesized (5A-14A). PEG5 conjugated 5A was further modified with TAMRA (5C) to relate its internalization to that of peptide 4C. See Table 1 and Supporting Information Table S1 for a full overview of all synthesized analogues.

Half-Life Extenders Differentially Directed  $Y_2R$  G<sub>i</sub> Activity and an Arr3 Recruitment. GPCR signaling bias can modulate internalization.<sup>37</sup> Hence, the half-life extended PYY<sub>3-36</sub> analogues were investigated for  $hY_2R$  bias in two signaling pathways, G protein activation and arrestin recruitment. G protein activity (G<sub>i</sub>) was characterized in CHO-K1 cells using a commercially available kit to detect cAMP levels. Arrestin recruitment to the Y<sub>2</sub> receptor was characterized in HEK293 cells transiently expressing Y<sub>2</sub>R-eYFP and Arr3luciferase using bioluminescence resonance energy transfer (BRET). We chose to study Arr3, rather than arrestin-2, as it is the main driver of Y<sub>2</sub>R internalization in HEK293 cells.<sup>38</sup>

With respect to  $G_i$  activity, peptides **2A**–**4A** were full agonists of  $Y_2R$  with potencies similar to native  $PYY_{3-36}$  (**1A**) (**Table 1**, Figure 3A). Hence, C16- $\gamma$ Glu, C18acid- $\gamma$ Glu, and PEG20 were incorporated in position 7 of  $PYY_{3-36}$  with modest or negligible impact on  $Y_2R$  G protein activity.



**Figure 4.** Y<sub>2</sub>R Internalization stimulated by Atto655-tagged PYY<sub>3-36</sub> analogues. Live-cell fluorescence microscopy of HEK293 cells expressing hY<sub>2</sub>R-eYFP after 1 h of stimulus with 100 nM **1B**-**4B**. (A) Live-cell images displaying the cell nuclei in blue as well as hY<sub>2</sub>R-eYFP (left-most columns) or **1B**-**4B** (right-most columns). (B) Agonist-stimulated Y<sub>2</sub>R-eYFP endocytosis normalized to **1B**-stimulated internalization. (C) Intracellular Atto655 intensity normalized to **1B** intensity. Internalization data derives from 13 to 15 image averages per peptide. These images were obtained from three separate experiments, and each image contained  $44 \pm 7$  (S.D.) individual cells. Statistics: Asterisks represent *P*-values below or equal to 0.0001 derived from a one-way ANOVA against **1B** with Dunnett's post hoc test. Error bars represent the SEM.

In contrast, the type of half-life extender had different effects on  $Y_2R$  arrestin recruitment and thus  $Y_2R$  signaling bias of  $PYY_{3-36}$  (Table 1, Figure 3B). PEGylation had a sizedependent impact on Arr3 recruitment (Table 1). Modifying  $PYY_{3-36}$  with a 5 or 20 kDa PEG chain (**5A** and **4A**) led to 10fold and 41-fold, respectively, reduced hY<sub>2</sub>R Arr3 recruitment potency (Arr3: **1A**; 60 nM, **4A**; 2449 nM, **5A**; 633 nM). Hence, PEGylation biased PYY<sub>3-36</sub> signaling toward G protein activity through a reduction of Arr3 recruitment potency. In contrast, addition of C16- $\gamma$ Glu (**2A**) or C18acid- $\gamma$ Glu (**3A**) to PYY<sub>3-36</sub> did not affect Arr3 recruitment, as compared to the native peptide (**1A**) (Figure 3B).

To address whether PYY<sub>3-36</sub> lipidation as a rule negligibly affected  $Y_2R$  signaling, as observed for analogues 2A-3A, lipidation was investigated in more detail (Table 1). For this,  $PYY_{3-36}$  analogues 6A-14A were subjected to the  $Y_2R$  G<sub>i</sub> activity and Arr3 recruitment assays. Like C16-7Glu and C18acid- $\gamma$ Glu lipidation of PYY<sub>3-36</sub> position 7, addition of octadecanoic acid- $\gamma$ Glu (C18- $\gamma$ Glu-, 6A) had little effect on  $Y_2R$  signaling, albeit slightly reducing  $G_i$  activity. Moreover, the  $\gamma$ Glu spacer did not appear to affect Y<sub>2</sub>R signaling, as demonstrated by peptide 7A. Furthermore, addition of C18acid-yGlu at different positions along the midsection of  $PYY_{3-36}$  (9A–11A) was well tolerated in terms of both  $G_i$ activity and Arr3 recruitment. Even dual lipidation in the middle region of PYY<sub>3-36</sub> was relatively well tolerated. Peptide 13A, lipidated with C18acid- $\gamma$ Glu in both positions 7 and 10, was fully efficacious in both the G<sub>i</sub> activity and Arr3 recruitment assays, albeit with a 6- and 12-fold decrease of potency, respectively. While lipidation of PYY<sub>3-36</sub> in the

middle region was well tolerated, lipidation in the N-terminal (8A) or position 30 (12A) resulted in partial Arr3 recruitment agonism. Both 8A and 12A reached only approximately 80% of PYY<sub>3-36</sub>'s maximal efficacy in the Arr3 recruitment assay (Supporting Information Figure S1). Similarly, dual lipidated peptide 14A, modified with C18acid- $\gamma$ Glu in both positions 7 and 30, was found to reach just 59% of PYY<sub>3-36</sub>'s maximal efficacy in the Arr3 recruitment assay (Supporting Information Figure S1). Additionally, 8A, 12A, and 14A all exhibited further reductions in their Arr3 recruitment potencies as compared to their G<sub>i</sub> potencies. Hence, if positioned at the Nterminal or near the C-terminal, lipidation of PYY<sub>3-36</sub> could bias Y<sub>2</sub>R signaling toward the G protein pathway and away from the Arr3 pathway, and dual lipidation could enhance this bias. However, lipidation along the midregion yielded fully efficacious, unbiased analogues with negligible reductions in potencies.

Half-Life Extenders Differentially Directed Internalization of PYY<sub>3-36</sub> and Y<sub>2</sub>R in Living Cells. With the aim to directly observe Y<sub>2</sub>R internalization synchronously with PYY<sub>3-36</sub> docking, HEK293 cells overexpressing hY<sub>2</sub>R-eYFP were incubated with PYY<sub>3-36</sub> analogues tagged with either Atto655 (1B-4B) or TAMRA (1C-5C). Peptide labeling generally resulted in a relatively modest decrease in activity (Supporting Information Table S1). As an exception, the PEG20 modified 4C was found to have a Y<sub>2</sub>R G<sub>i</sub> potency 100fold lower (44 nM) than the TAMRA-tagged native-like peptide, 1C. For the agonist-stimulated internalization experiments, the HEK293 cells were incubated for 1 h with 100 nM of all peptides except 4C, which was added in a concentration

Table 2	2. Y <sub>2</sub>	Receptor	Binding	Kinetics and	Affinities of P	YY <sub>3–36</sub> and	Half-Life	Extended A	nalogues"
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peptide	position 7 modification	other modifications	$k_{\rm on} \pm { m SD} \ ({ m M}^{-1} \ { m min}^{-1})$	$k_{\rm off} \pm { m SD} \ ({ m min}^{-1})$	$K_i$ (nM)	$K_i^*$ (nM)				
Primary Peptides										
1A (PYY <sub>3-36</sub> )			$8.4 \times 10^7 \pm 2.7 \times 10^7$	$0.06 \pm 0.03$	0.7	1.3				
2A	K7(C16-γGlu-)		$5.2 \times 10^7 \pm 3.4 \times 10^7$	$0.10 \pm 0.08$	2.0	1.5				
3A	K7(C18acid-γGlu-)		$1.2 \times 10^7 \pm 0.6 \times 10^7$	$0.07 \pm 0.04$	5.7	5.9				
4A	C7(PEG20-)		$13.4 \times 10^7 \pm 3.0 \times 10^7$	$0.68 \pm 1.6$	5.1	17.6				
Control Peptides										
5A	C7(PEG5-)		ND	ND	ND	13.7				
7 <b>A</b>	K7(C18acid-)		ND	ND	ND	4.0				
8A		C18acid-γGlu-[Nt]	ND	ND	ND	114.4				
12A		K30(C18acid-γGlu-)	ND	ND	ND	46.1				
14A	K7(C18acid-γGlu-)	K30(C18acid-γGlu-)	ND	ND	ND	649.9				

"The association  $(k_{on})$ , dissociation  $(k_{off})$ , and dissociation equilibrium constant  $(K_i)$  derived from four independent competition-based kinetic Y<sub>2</sub>R assays with triplicate measurements.  $K_i^*$  derives from two to three independent Y<sub>2</sub>R heterologous equilibrium saturation assays with duplicate measurements.

of 1  $\mu$ M due to its reduced activity. After incubation, peptide and receptor internalization was analyzed by confocal fluorescence microscopy and quantified using an in-house developed Python script based on ImageJ analysis.

Prior to peptide stimulation,  $Y_2R$ -eYFP was localized exclusively in the cell membrane (Figure 4A and Supporting Information Figure S2A). Upon stimulation with 100 nM of the native-like PYY<sub>3-36</sub> analogues **1B** and **1C**, the receptors largely relocalized to the vesicular compartments of the cells. Moreover, **1B** and **1C** colocalized with the internalized  $Y_2R$ , altogether indicating agonist-stimulated endocytosis. The halflife extended PYY<sub>3-36</sub> analogues also induced  $Y_2R$  internalization, but the degree varied significantly depending on the half-life extender.

Analysis of cells stimulated by Atto655-tagged PYY<sub>3-36</sub> analogues revealed how the C16- $\gamma$ Glu modified **2B** induced Y<sub>2</sub>R-eYFP internalization *on par* with native-like peptide **1B** (Figure 4B). In contrast, peptides modified by C18acid- $\gamma$ Glu (**3B**) and PEG20 induced minimal Y<sub>2</sub>R-eYFP internalization compared to treatment with **1B**. As a second method for analysis of internalization, intracellular Atto655 fluorescence was quantified. Again, the C16- $\gamma$ Glu modified **2B** internalized to the same extent as the native-like peptide **1B**, while the remaining Atto655-tagged peptides internalized significantly less (Figure 4C). The fact that both peptide and Y<sub>2</sub>R internalize to the same extents strongly supports a peptidemediated internalization.

As a control to test whether Atto655 labeling had influenced the peptides' Y<sub>2</sub>R interactions and the subsequent endocytosis, internalization experiments were also performed with TAMRA labeled peptides (Supporting Information Figure S2). Consistent with the Atto655 experiments, stimulation with nativelike peptide (1C) or the C16- $\gamma$ Glu modified peptide (2C) resulted in a much higher Y2R-eYFP internalization compared to treatment with C18acid- $\gamma$ Glu (3C) and PEG20 (4C, 1  $\mu$ M) modified peptides. Similarly, the PYY<sub>3-36</sub> analogue modified with PEG5 (5C) also promoted negligible Y2R-eYFP internalization. The somewhat higher apparent internalization of peptide 1C compared to 2C in Figure S2 could originate from small variation in peptide orientation that, due to the presence of FRET between TAMRA and eYFP, results in a relative TAMRA signal increase. Nonetheless, quantification of intracellular TAMRA signaling confirmed that 1C and 2C internalized to a much higher extent than 3C-5C.

In summary, live-cell microscopy revealed how three types of half-life extenders differentially directed internalization of PYY<sub>3-36</sub> and its receptor. Lipidation of PYY<sub>3-36</sub> with C16- $\gamma$ Glu led to internalization *on par* with the native ligand. In contrast, lipidation with C18acid- $\gamma$ Glu dramatically reduced internalization. The same holds true for modification with either PEG5 or PEG20.

The Type and Position of a Half-Life Extender Controlled Y<sub>2</sub>R Affinity and Kinetics. Recent literature points to a correlation between GPCR endocytosis and the residence time of a ligand at the receptor. Specifically, increasing  $k_{off}$  rates have been demonstrated to reduce Arr3 recruitment and, subsequently, internalization.<sup>39-41</sup> We therefore investigated Y<sub>2</sub>R binding and kinetics of the half-life extended PYY<sub>3-36</sub> analogues as a potential basis for their differential Arr3 recruitment and internalization patterns. For this, membranes of HEK293 cells expressing hY<sub>2</sub>R-eYFP were isolated and used in two heterologous radioligand binding assay setups, an equilibrium saturation binding assay and a kinetic competition assay. In both cases, <sup>125</sup>I-hPYY<sub>1-36</sub> was used as the radioactive agonist (Table 2).

The heterologous equilibrium saturation assay established  $hY_2R$  binding affinities (K<sub>i</sub>) against which the kinetic data could be verified. The  $K_i$  of native PYY<sub>3-36</sub> (1A) was found to be 1.3 nM. Lipidation of  $PYY_{3-36}$  position 7 by C16- $\gamma$ Glu (2A) did not affect  $Y_2R$  affinity, while addition of C18acid- $\gamma$ Glu to the same position slightly reduced the affinity (3A,  $K_i$  5.9 nM). The  $\gamma$ Glu spacer applied for both peptides 2A and 3A did not importantly contribute to the retained Y<sub>2</sub>R affinity of the lipidated PYY<sub>3-36</sub> analogues, as demonstrated by peptide 7A  $(K_i 4.0 \text{ nM})$ . However, in some cases, changing the lipidation site had a large effect on the  $Y_2R$  binding affinity. Changing the C18acid- $\gamma$ Glu attachment site from position 7 to 10 of PYY<sub>3-36</sub> did not impact the  $hY_2R$  affinity (8A,  $K_i$  4.3 nM), while lipidation in the N-terminal or at position 30 increased  $K_i$  to 114 and 46 nM, respectively (8A and 12A). Hence, lipid position could greatly affect Y<sub>2</sub>R affinity. Finally, PEGylation was found to reduce the Y2R affinity of PYY3-36 in a sizedependent manner, so that PEG20 reduced the binding affinity more than PEG5 (4A,  $K_i$  17.6 nM to 5A,  $K_i$  13.7 nM). In summary, lipidation at position 7 had a modest impact on Y<sub>2</sub>R affinity, while the large PEG chains more severely reduced affinity.

The kinetics of 1A-4A binding to  $hY_2R$  was studied in a time-varied competitive binding setup (Supporting Informa-

tion Figure S3). The Y<sub>2</sub>R binding kinetics of the C16- $\gamma$ Glu modified PYY<sub>3-36</sub> analogue **2A** corresponded to those observed for the native peptide (**1A**). Meanwhile, the C18acid- $\gamma$ Glu modified **3A** had a 7-fold reduced  $k_{on}$  rate compared to **1A**, resulting in the slightly reduced Y<sub>2</sub>R affinity identified for **3A** in the heterologous equilibrium saturation setup. In contrast to the lipidated peptides, the PEGylated PYY<sub>3-36</sub> analogue **4A** was found to have a markedly increased Y<sub>2</sub>R  $k_{off}$  rate (11-fold) as compared to native PYY<sub>3-36</sub> (**1A**).

In summary, the  $Y_2R$  binding experiments revealed how both the type and position of a half-life extender affected the receptor affinity and kinetics of the  $PYY_{3-36}$  analogues.

Membrane Binding Displays Clear Differences. It is well-known that lipidated peptides often bind to membranes.<sup>42-46</sup> Peptides with amphipathic helices, such as PYY, have been hypothesized to bind to cell membranes as an important first step before binding to receptors.<sup>47-49</sup> This raised the question of whether membrane binding might impact Y<sub>2</sub>R kinetics of the PYY<sub>3-36</sub> analogues, ultimately affecting signaling bias and internalization. We therefore studied the binding of peptides 1B-4B on model nanoscopic membrane lipidic systems, liposomes, with lipid compositions practically identical to the membrane of HEK293 cells (see the Materials and Methods). Liposomes were homogeneously fluorescently labeled with DiO (3,3'-dioctadecyloxacarbocyanine perchlorate) and tethered on passivated surfaces. This allowed us to image them individually<sup>32</sup> and extract their radius with nm precision and their location with subresolution accuracy.<sup>32</sup> Subsequently, incubation with Atto655-tagged PYY<sub>3-36</sub> analogues permitted an accurate assessment of peptide densities over thousands of liposomes. While liposome populations are polydisperse in size,<sup>32</sup> resolving individual liposomes allowed for a focus on monodisperse liposomes of  $50 \pm 5$  nm. Thus, membrane-curvature-mediated variations in the membrane binding affinity and density of the peptides were minimized.

Membrane binding density correlated with the hydrophobicity of the half-life extending moiety (Figure 5). Compared to the native-like 1B, C16-yGlu lipidated 2B showed a doubling of the average membrane binding (1B avg. 31 A.U.; 2B avg. 67 A.U.). This was observed as a reduction of the low-density events and a right-shift in the distribution of bound peptides per liposomes. C18acid-yGlu and PEG20 modified peptides 3B and 4B both bound significantly less than 2B. However, 3B and 4B had opposite tendencies with respect to membrane binding. 3B had a significantly increased membrane binding compared to the PEGylated 4B (doubled). Overall, data indicated that lipidation with C16-γGlu would greatly enhance PYY<sub>3-36</sub>'s binding to the cell membrane, while lipidation with C18acid-yGlu would not. Furthermore, PEGylation would reduce interactions of PYY<sub>3-36</sub> with the cell membrane.

#### DISCUSSION

Attachment of PEG, C16, and C18acid can extend the circulatory half-life of polypeptides, as successfully demonstrated with several marketed peptide pharmaceuticals.<sup>16,17,20,34,50</sup> However, half-life extenders may modify peptide properties beyond pharmacokinetics, i.e., agoniststimulated endocytosis of GPCRs.<sup>25</sup> This process is observed for many GPCRs and can result in a desensitization of the cell surface and altered receptor signaling.<sup>51</sup> Whether the Y<sub>2</sub>R undergoes endocytosis has previously been contested,<sup>52–55</sup> but



**Figure 5.** Membrane binding PYY<sub>3-36</sub> analogues. The normalized frequency of binding of Atto655-tagged PYY<sub>3-36</sub> analogues (**1B−4B**) to surface-adhered DiO-loaded vesicles was visualized by widefield microscopy. Liposomes consisted of the main components of HEK293 cell membranes as well as 1% DiO for visualization (see the Materials and Methods section). 350–3000 liposomes were analyzed per peptide. The scatterplot is a histogram showing the distribution of measurements, where the *Y*-axis is the relative frequency of observations in percentage and the *X*-axis is the background-corrected Atto655 intensity for a vesicle of a fixed size ( $50 \pm 5$  nm). Thus, a right-shift in the histogram indicates an increase in membrane-binding events. The inset displays the average peptide fluorescence per vesicle. Statistics: Asterisks represent *P*-values ≤0.0001 derived from a one-way ANOVA against **1B** with Tukey's post hoc test. Error bars illustrate SEM.

it is now generally recognized that Y<sub>2</sub>R internalizes upon agonist stimulation in an Arr3-dependent fashion.<sup>3,25,27,28,38,56–58</sup> Here, we investigated how PYY<sub>3–36</sub>stimulated internalization and signaling of Y2R was affected by C16- $\gamma$ Glu lipidation, C18acid- $\gamma$ Glu lipidation, and PEGylation of the peptide agonist. The main observations are summarized in Figure 6.

In vitro characterization revealed how both the half-life extending moiety and the site of modification governed Y2R signaling of PYY<sub>3-36</sub>. In solution, PYY<sub>3-36</sub> consists of an unstructured C-terminal, a central amphipathic  $\alpha$ -helix stretching from residue 15 to 32, and an N-terminal region, which folds back onto and stabilizes the  $\alpha$ -helix (Figure 2B).<sup>36,59,60</sup> With respect to Y<sub>2</sub>R binding and activation, the Cterminal of  $PYY_{3-36}$  is critical,<sup>60,61</sup> but truncations or alterations in the N-terminal and the central helix can also reduce Y<sub>2</sub>R affinity.<sup>60</sup> We found that addition of half-life extenders in position 7 of  $PYY_{3-36}$  (1A–7A) was well tolerated with respect to the Y2R Gi signaling but had different effects on agonist-stimulated Y<sub>2</sub>R arrestin recruitment (Table 1). While lipidation of position 7 did not affect PYY<sub>3-36</sub>-stimulated arrestin recruitment (2A, 3A, 6A, 7A), PEGylation dramatically and size-dependently reduced arrestin recruitment. Hence, PYY<sub>3-36</sub> analogues lipidated at position 7 elicited native Y<sub>2</sub>R signaling, while PEGylation biased Y<sub>2</sub>R toward G<sub>i</sub> signaling in a size-dependent manner. The type of half-life extender but also the site of modification affected the Y2R signaling. Lipidation of PYY<sub>3-36</sub> in positions 7, 10, 14, and 22 (2A, 3A, 6A–11A) had negligible effects on its  $Y_2R$  G<sub>i</sub> activity or Arr3 recruitment. However, repositioning of C18acid-yGlu to the N-terminal or near the C-terminal of PYY<sub>3-36</sub> reduced its potencies and efficacies in the Arr3 recruitment assay, resulting in  $Y_2R$  G<sub>i</sub>-biased activities (8A and 12A). Similarly, while dual C18acid- $\gamma$ Glu lipidation of PYY<sub>3-36</sub> in positions 7 and 30 promoted a  $G_i$  bias (14A), dual C18acid- $\gamma$ Glu



**Figure 6.** Differential impact of three half-life extenders, C16, C18acid, and PEG20, added to position 7 of PYY<sub>3-36</sub> (peptides 2, 3, and 4). Thin arrows indicate properties equal to those of PYY<sub>3-36</sub> (peptide 1). Increased, reduced, and highly reduced properties compared to PYY<sub>3-36</sub> are illustrated by bold, dotted, and dotted hashed arrows, respectively. Addition of C16 to PYY<sub>3-36</sub> increased membrane binding but did not influence Y<sub>2</sub>R binding, Arr3 recruitment, G<sub>i</sub> activity, or internalization. Addition of C18acid did not impact PYY<sub>3-36</sub>'s membrane binding, Arr3 recruitment, or G<sub>i</sub> activity. However, C18acid slowed the Y<sub>2</sub>R association rate ( $k_{on}$ ) and reduced endocytosis through an unknown mechanism. Addition of a large-chain PEG (peptide 4) reduced PYY<sub>3-36</sub>'s membrane binding and increased its Y2R  $k_{off}$  rate. The reduced Y<sub>2</sub>R residence time did not impact G<sub>i</sub> activity but diminished Arr3 recruitment, and thus decreased endocytosis.



**Figure 7.** A temporal model showing how ligand residence time at the  $Y_2R$  could determine Arr3-G<sub>i</sub> signaling bias.  $Y_2R$  and its designated G<sub>i</sub> protein are preassembled prior to ligand binding. Upon ligand activation of the receptor, the activation of G<sub>i</sub> is therefore relatively faster than the recruitment of Arr3. Thus, increasing ligand  $Y_2R$  k<sub>off</sub> can decrease Arr3 recruitment potency without affecting G<sub>i</sub> activity.

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lipidation of positions 7 and 10 did not bias  $Y_2R$  activity (13A). Thus, our studies showed that C18acid- $\gamma$ Glu could bias PYY<sub>3-36</sub> activity depending on the site of chemical modification. We hypothesize that this could be a general feature also for other lipidation strategies and other peptide hormones.

Live-cell fluorescence microscopy revealed how C16- $\gamma$ Glu, C18acid-yGlu, and PEG20 differentially directed PYY3-36stimulated Y<sub>2</sub>R endocytosis (Figure 4 and Supporting Information Figure S2). In HEK293 cells, 1B and 1C induced a marked  $Y_2R$  endocytosis. PYY<sub>3-36</sub> lipidated with C16- $\gamma$ Glu in position 7 (2B and 2C) induced  $Y_2R$  endocytosis on par with the native-like peptide. In contrast, lipidation of the same position with C18acid- $\gamma$ Glu (3B and 3C) minimized internalization. Thus, despite their relative similarity, the two lipids promoted strikingly different endocytic responses. PEGylation of PYY<sub>3-36</sub> position 7 reduced Y<sub>2</sub>R endocytosis (4B, 4C, and 5C), similar to C18acid- $\gamma$ Glu lipidation. Our in vitro characterization of Y2R signaling had shown that addition of PEG20 (4A) at position 7 of PYY<sub>3-36</sub> reduced its Arr3 recruitment potency. Arr3 recruitment is an important first step for Y<sub>2</sub>R internalization. Thus, the decreased Arr3 response of PEGylated peptides aligned with their reduced internalization (Figure 4 and Supporting Information Figure S2). However, C18acid lipidation of position 7 in  $PYY_{3-36}$  (3) also minimized internalization, despite having negligible effects on Y<sub>2</sub>R G<sub>i</sub> activity or Arr3 recruitment. Hence, dissimilar mechanisms governed the reduced internalization of PYY<sub>3-36</sub> modified by C18acid-yGlu- and PEG. PEGylation decreased internalization through a reduced Arr3 recruitment efficiency, while C18acid-yGlu appeared to decrease internalization through steps different from Arr3 recruitment.

Studies of Y<sub>2</sub>R binding kinetics provided a link between Y<sub>2</sub>R dissociation rates  $(k_{\text{off}})$  and the Arr3 recruitment of the half-life extended PYY<sub>3-36</sub> analogues. Recent literature suggests a correlation between the kinetics of ligands that bind GPCRs and GPCR endocytosis. Specifically, increasing ligand  $k_{off}$  has been found to reduce Arr3 recruitment and, subsequently, endocytosis.<sup>40,41,62,63</sup> In 2018, Kaiser et al.<sup>29</sup> unveiled that Y<sub>2</sub>R and its designated heterotrimeric G protein assembles prior to agonist stimulation. On the basis of these findings and observations from our half-life extended PYY<sub>3-36</sub> analogues, we propose a temporal model in which Y<sub>2</sub>R ligands can be biased toward  $G_i$  activity by increasing their  $k_{off}$  rates (Figure 7). Due to the  $Y_2$ R-G<sub>i</sub> preasembly, activation of the G protein would be expected to occur rapidly upon Y2R activation and prior to any Arr3 recruitment. Hence, reducing the time that Y<sub>2</sub>R spends in the active conformation after ligand binding would decrease Arr3 recruitment but not necessarily reduce the G<sub>i</sub> activity. In the case of our half-life extended PYY<sub>3-36</sub> analogues, neither lipidation by C16- $\gamma$ Glu nor C18acid- $\gamma$ Glu (2A and 3A) affected  $Y_2R$   $k_{off}$  albeit C18acid- $\gamma$ Glu slightly reduced the  $k_{on}$  rate (Table 2). This aligns well with the retained G<sub>i</sub> activities and Arr3 recruitment potencies of the lipidated peptides. Meanwhile, PEG20 was found to increase the Y<sub>2</sub>R  $k_{off}$  rate of PYY<sub>3-36</sub> approximately 10-fold (4A) and to promote a Y2R Gi bias, which aligns with our temporal model. The low internalization observed for the PEGylated peptides was therefore likely governed by faster  $Y_2R k_{off}$  rates.

Next, the membrane binding of the  $PYY_{3-36}$  analogues was studied, as it could potentially impact  $Y_2R$  receptor binding<sup>47-49</sup> and the dynamics of receptor recycling post-internalization.<sup>64-66</sup> The binding of the  $PYY_{3-36}$  analogues

tagged with Atto655 (1B-4B) to vesicles was used as the cell membrane model (Figure 5). The membrane binding of 1B-4B correlated with the general hydrophobicity of the half-life extending moiety. C16-yGlu significantly increased the membrane binding of  $PYY_{3-36}$  (2B) as compared to the binding at identical concentrations for 1C. In contrast, lipidation with C18acid- $\gamma$ Glu (3B) did not significantly affect PYY<sub>3-36</sub>'s membrane binding, which can probably be accredited to its distal (omega) negative charge. It can be assumed that the omega end of C18acid cannot penetrate the lipid bilayer because of its carboxylic acid, leaving the middle section for interaction with the lipid bilayer. In contrast to lipidation, PEGylation of  $PYY_{3-36}$  (4B) reduced the density of peptide bound at the membranes, which correlated with the size of the hydrophilic polymer. The differential degrees of membrane binding promoted by C16- $\gamma$ Glu, C18acid- $\gamma$ Glu, and PEG20 correlated qualitatively to the Y<sub>2</sub>R binding affinities of their respective peptide analogues, where  $2A > 3A \ge 4A$ (Table 2). This could indicate that membrane binding was in fact implicated in the receptor binding of PYY<sub>3-36</sub>, alongside, e.g., steric hindrance (particularly relevant for the PEGylated peptide). Moreover, these results demonstrated that C18acid- $\gamma$ Glu is less adherent toward hydrophobic surfaces as compared to C16- $\gamma$ Glu. This is interesting, as cell membrane adherence has been hypothesized as one (secondary) mechanism in which lipidation extends peptide half-lives in vivo.<sup>1</sup>

The reduced endocytosis of the C18acid-yGlu modified peptide might be explained through the so-called "signaling barcode" model. The barcode model states that ligands can differentially alter the internalization pattern of a GPCR by directing its intracellular conformation.<sup>67</sup> However, such a change would be expected to change the spatial BRET orientation between the receptor and arrestin (eYFP relative to luciferase) and thus the observed absolute (raw) BRET values, as recently demonstrated for chimeric  $Y_1/Y_2$  receptors.<sup>28</sup> No such change was observed for any of the peptides in this study. Instead, we hypothesize that the C18acid may restrict  $PYY_{3-36}$ stimulated Y<sub>2</sub>R internalization dynamics by interactions with the extracellular matrix.<sup>58,68</sup> Anionic side chains in Y<sub>2</sub>R's Nterminal extracellular segment PDPEPE, located adjacent to the  $PYY_{3-36}$  binding pocket, have been shown as a primary factor for the reduced internalization rate of Y2R compared to the Y<sub>1</sub> receptor.<sup>58,68</sup> The mechanism behind the PDPEPE segment's control of Y<sub>2</sub>R internalization rates is unknown, but association between the domain and connector proteins of the extracellular matrix has been suggested to play a role.58 Aspartate side chains are known to be important for interaction with integrins and other connector proteins, and by mutating the aspartic acid of PDPEPE to an alanine, the Y2R internalization rate was dramatically increased.<sup>58</sup> We hypothesize that the distal carboxyl group of the C18acid lipidation motif could also interact with extracellular matrix proteins, which might act to slow the rate of internalization. Alternative to this scenario, the different internalization patterns promoted by C16- $\gamma$ Glu and C18acid- $\gamma$ Glu might originate from distinct effects on receptor recycling dynamics. This was recently shown for another GPCR, the neuromedin U2 receptor (NMU2), where intracellular processing and recycling rates depended on the nature of the bound peptide ligand.<sup>66</sup> Like NMU2, Y<sub>2</sub>R recycles back to the plasma membrane after ligand stimulation through a highly regulated process that remains incompletely understood.<sup>51</sup> An important step in the recycling process is dissociation of the ligand from the receptor in acidified endosomal vesicles.<sup>51,69</sup> The C18acid modification might facilitate a faster ligand release and thus less endosomal accumulation despite showing a strong initial Arr3 interaction.

The Y<sub>2</sub>R internalization pattern and signaling bias observed for the C16- $\gamma$ Glu modified PYY<sub>3-36</sub> (2A) is different from what has previously been reported by Beck-Sickinger and colleagues for C16- $\gamma$ Glu modified Obinepitide.<sup>25</sup> This first study found that modification of Obinepitide by C16-yGlu facilitated Arr3 recruitment and, subsequently, internalization, while PEGylation (PEG22) decreased endocytosis.<sup>25</sup> In contrast, our C16- $\gamma$ Glu modified PYY<sub>3-36</sub> analogue (2A) conferred an unbiased Y2R signaling with a maximal Arr3 recruitment equal to that of the native ligand. Furthermore, our C16-yGlu modified PYY<sub>3-36</sub> analogue did not increase agonist-stimulated internalization compared to the native peptide. Hence, while PEGylation of PYY<sub>3-36</sub> and Obinepitide uniformly decreased Y2R-endocytosis, addition of C16-7Glu increased internalization only in the case of Obinepitide. This difference could be due to differences between the two peptides, or a consequence of C16-yGlu being inserted in position 22 of Obinepitide and position 7 of  $PYY_{3-36}$ .

In summary, modifying peptides with half-life extenders can affect their receptor-mediated internalization profiles, their receptor signaling, as well as their biophysical characteristics, such as membrane binding properties. Thus, attachment of half-life extenders to peptides not only affects the pharmacokinetics but potentially also affects the pharmacodynamics. For example, peptide-stimulated internalization can lower the density of receptors at the cell surface, resulting in a loss of efficacy. On the other hand, receptor-mediated internalization is a key step in transcytosis important for passage across endogenous barriers. Hence, an in-depth understanding of the properties mediated by different half-life extenders beyond pharmacokinetics can be applied to tailor *in vivo* actions of peptides.

In conclusion, the three half-life extenders, C16- $\gamma$ Glu, C18acid-yGlu, and PEG20, had different effects on in vitro actions of  $PYY_{3-36}$ , i.e.,  $Y_2R$  signaling, peptide-stimulated endocytosis, and membrane binding. We propose a temporal model for the control of  $Y_2R$  G<sub>i</sub>-Arr3 signaling bias of  $PYY_{3-36}$ analogues based on receptor  $k_{\rm off}$  rates and the relative speed difference by which Y2R activates Gi and recruits Arr3. PEGylation of PYY<sub>3-36</sub> position 7 increased the Y<sub>2</sub>R  $k_{off}$  rate, which led to a size-dependent bias of  $Y_2R$  signaling toward  $G_i$ activity through a reduction of Arr3 recruitment potency. PEGylation also reduced membrane binding compared to either of the lipidation tags, with potential impact on the Y<sub>2</sub>R binding dynamics. As a consequence of increased  $k_{off}$  rates and the subsequent reductions in Arr3 recruitment potencies, PEGylation of PYY<sub>3-36</sub> resulted in minimal receptor internalization. In contrast to PEGylation, lipidation of PYY<sub>3-36</sub> position 7 did not alter Y<sub>2</sub>R  $k_{off}$  rates. Addition of C16- $\gamma$ Glu in position 7 of  $PYY_{3-36}$  had a negligible impact on  $Y_2R$ binding,  $Y_2R$   $k_{off}$  and  $Y_2R$  signaling. Thus, C16- $\gamma$ Glu had a negligible impact on endocytosis. Similarly, lipidating position 7 with C18acid- $\gamma$ Glu did not impact Y2R binding, Y<sub>2</sub>R  $k_{off}$ , or Y<sub>2</sub>R signaling. However, C18acid-γGlu minimized Y<sub>2</sub>Rmediated internalization. Interestingly, this indicated that C18acid-yGlu decreased internalization through a non-arrestin-related mechanism. Furthermore, C18acid- $\gamma$ Glu did not increase the membrane binding of a  $\ensuremath{\text{PYY}_{3-36}}$  analogue compared to its backbone, unlike C16- $\gamma$ Glu which significantly

increased membrane binding. Thus, we demonstrated how small structural changes in the lipid half-life extender could greatly influence internalization and membrane binding, with potential applicability for the development of nonadhering, noninternalizing peptide pharmaceuticals. We further observed how the site of lipidation was important for  $PYY_{3-36}$ 's  $Y_2R$  binding, signaling, and internalization. Thus, the composition of the lipid, its positioning, and the nature of the peptide are likely to affect the final impact of the half-life extender. This further emphasizes how half-life extenders can be applied to tailor properties beyond pharmacokinetics.

# ASSOCIATED CONTENT

#### **S** Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acs.molpharma-ceut.9b00554.

Y2R activity data on fluorescently tagged peptides, supporting figures, details on peptide synthesis and purification, peptide chromatograms, and scripts applied for data analysis of live-cell imaging data as well as liposome intensity extraction (PDF)

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#### Notes

The authors declare no competing financial interest.

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