# Therapeutic effect of semaglutide on pulmonary function and fibrosis in a bleomycin-induced and spirometry-confirmed mouse model of IPF

### Authors

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# **BACKGROUND & AIM**

Idiopathic pulmonary fibrosis (IPF) is a chronic, progressive, and fatal interstitial lung disease.

Presently, there are not efficient therapeutic tools for the treatment of IPF. Glucagon-like peptide-1 receptor (GLP-1R) activation exerts antiinflammatory action and might play a role in pulmonary dysfunction and fibrotic development in IPF.

The aim of the present study was to study the therapeutic effects of the GLP-1R agonist, semaglutide, in a bleomycin-induced (BLEO) and spirometry-confirmed mouse model of IPF.

# METHODS

10-12 weeks old C57BL/6JRj male mice received either a single intratracheal instillation of bleomycin (1.5 mg/kg, 50 μL) or saline (CTRL) at study day 1. To ensure correct bleomycin administration, only animals that showed a sustained  $\geq$  5% weight loss at day 7 were randomized into treatment groups.

Pulmonary terminal end-points included spirometry (Flexivent), hydroxyproline (HP) content, and quantitative histomorphometry for markers of inflammation and fibrosis. Histopathological Aschroft scoring was performed using Gubra Histopathological Objective Scoring Technique (GHOST).

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Group	Animal model
1	CTRL
2	BLEO-IPF
3	BLEO-IPF





Vehicle

BLEO-IPF Semaglutide



Figure 1. Metabolic and biochemical parameters in BLEO-IPF mice. (A) Body weight change relative to baseline (day 1). (B) Terminal body weight (g). (C) Terminal lung weight (g). (D) Plasma surfactant protein D (SP-D). (E) Bronchoalveolar lavage (BALF) SP-D. (F) Terminal lung total HP. Mean ± SEM. \*\*p<0.01 and \*\*\*p<0.001 compared to BLEO-IPF Vehicle (Dunnett's test one-factor linear model).

# 4 Improvement in histological markers of inflammation, fibrosis, and fibrogenesis 5 Improvement in histopathological Ashcroft scoring



### Figure 3. Lung quantitative histological markers in BLEO-IPF mice.

Histomorphometric assessments were performed by conventional IHC image analysis (panels A-D). (A) Total galectin-3 content. (B) Total PSR content. (C) Total collagen-1a1 content. (D) Total alphasmooth muscle actin ( $\alpha$ -SMA) content. Mean ± SEM. \*p<0.05 and \*\*\*p<0.001 compared to BLEO-IPF Vehicle (Dunnett's test one-factor linear model). Bottom panels: Representative galectin-3, collagen 1a1 and  $\alpha$ -SMA photomicrographs for BLEO-IPF semaglutide (scale bar, 100 µm).



3 CTRL

CTRL Vehicle

Figure 2. Pulmonary function testing in BLEO-IPF mice. (A) Forced vital capacity (FVC). (B) Forced expiratory volume in 0.1 seconds (FEV0.1). (C) Inspiratory capacity (IC). (D) Static compliance. (E) Pressure-volume curves. (F) Flow-volume curve. Mean ± SEM. \*\*p<0.01 and \*\*\*p<0.001 compared to BLEO-IPF Vehicle (Dunnett's test one-factor linear model).









Figure 4. Semaglutide improves Ashcroft score. Histopathological Ashcroft score were determined by Gubra Histopathological Objective Scoring Technique (GHOST) deep learning-based image analysis. (A) Representative Masson's Trichome photomicrographs used for GHOST evaluation. Upper: CTRL Vehicle. Lower: BLEO-IPF Vehicle. (B) Ashcroft compared by GHOST assessment and manual scoring. (C) Ashcroft score by GHOST. Mean ± SEM. \*p<0.05 and \*\*\*p<0.001 compared to BLEO-IPF Vehicle (Dunnett's test one-factor linear model).





# No effect on parameters of pulmonary dysfunction



# CONCLUSION

- + Semaglutide reduces terminal body weight, lung weight, and lung total hydroxyproline content.
- + Semaglutide reduces plasma SP-D levels.
- + Semaglutide provides no improvements in pulmonary functions tests.
- + Semaglutide reduces quantitative histological markers of fibrosis, inflammation and fibroblast cell activation.
- + Semaglutide improves fibrosis severity evaluated by histopathological Ashcroft score.
- + The BLEO-IPF mouse represent a translational preclinical model for exploring novel therapeutic agents for IPF.