

Metabolic, biochemical, histopathological, and transcriptomic effects of dietary intervention in the GAN diet-induced obese and biopsy-confirmed mouse model of NASH

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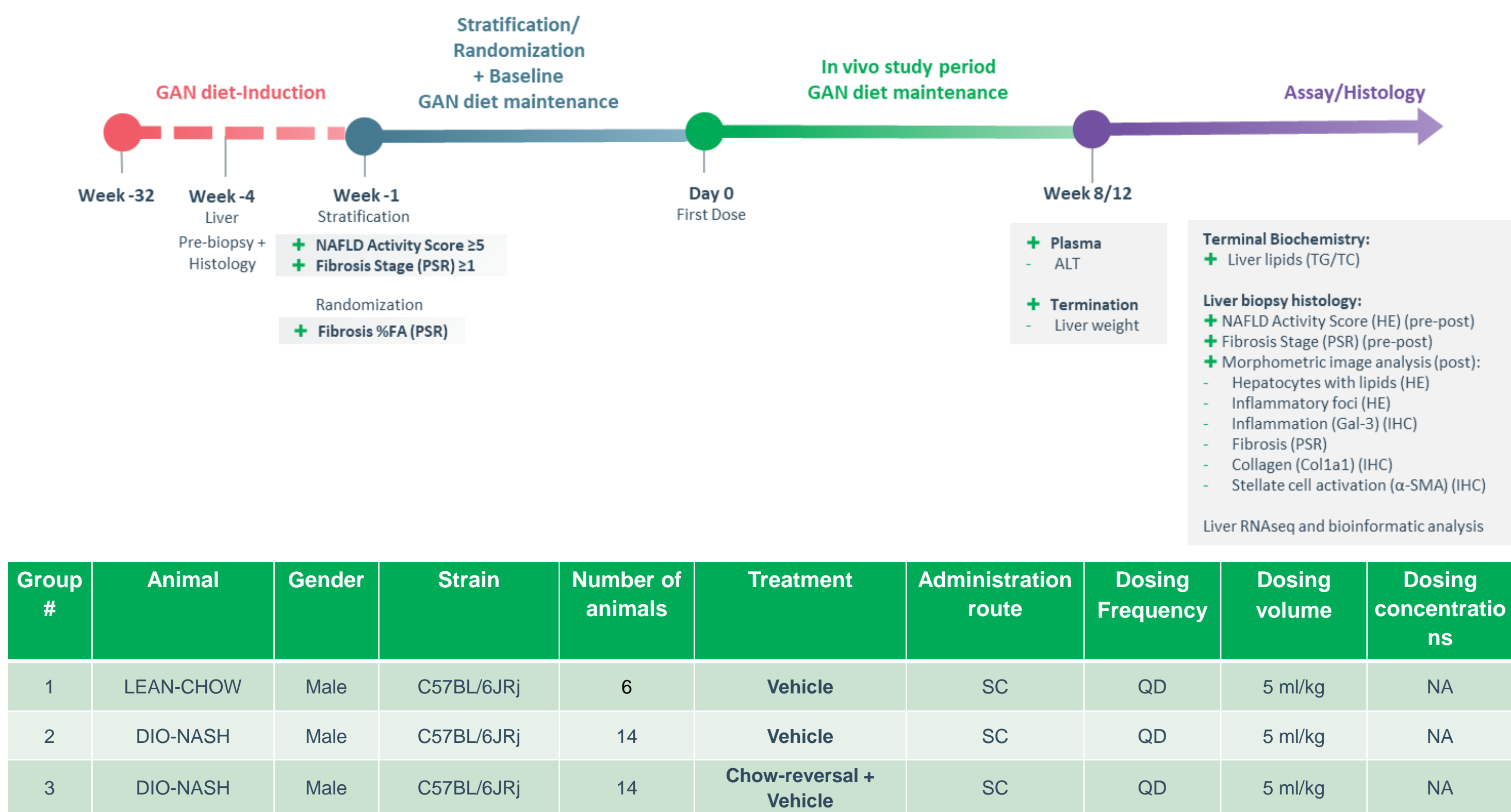
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Background & Aim

Current standard of care for NASH involves lifestyle modification, notably dietary intervention, aiming to promote regression or resolution of non-alcoholic steatohepatitis (NASH) and liver fibrosis. The present study aimed to evaluate the metabolic, biochemical, histopathological and transcriptomic effects of dietary intervention (chow-reversal) in the Gubra-Amylin NASH (GAN) diet-induced obese (DIO) mouse model of fibrosing NASH.

Study outline



Improvement in metabolic and biochemical parameters

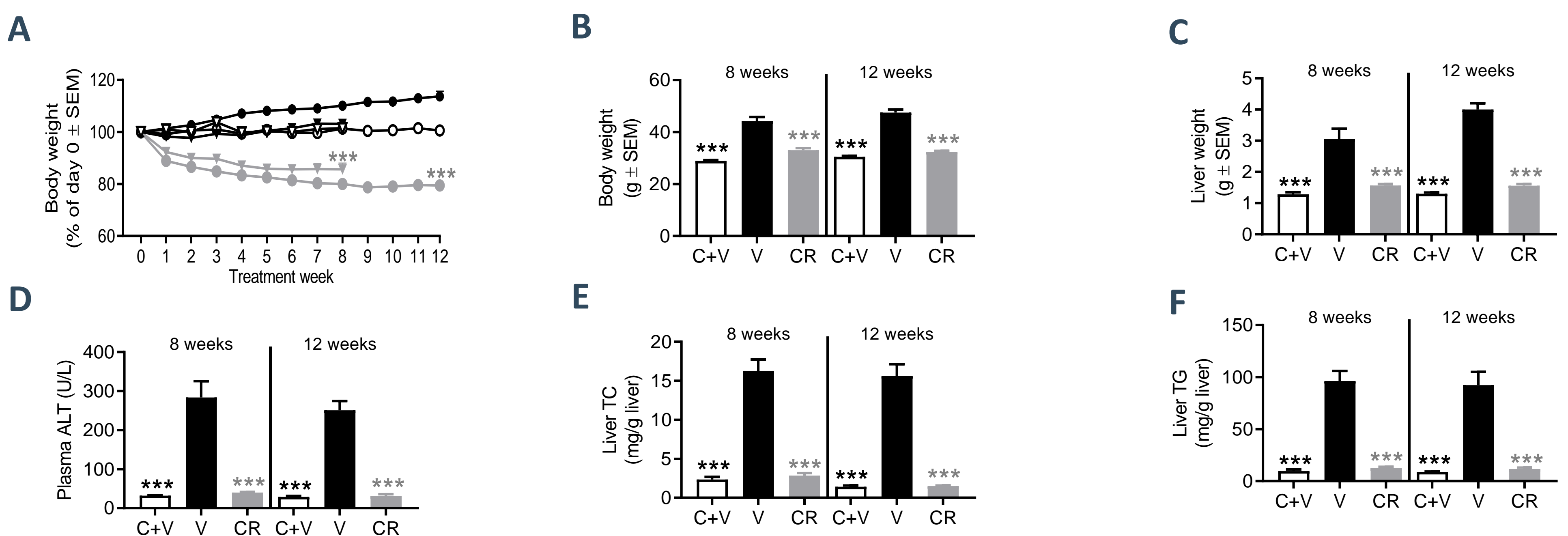


Figure 1. Chow reversal improves metabolic and biochemical parameters in GAN DIO-NASH mice. (A) Terminal body weight (g). (B) Terminal liver weight. (C) Terminal plasma alanine aminotransferase (ALT). (D) Terminal plasma aspartate aminotransferase (AST). (E) Terminal plasma triglycerides. (F) Terminal plasma total cholesterol. (G) Terminal liver total cholesterol. (H) Terminal liver triglycerides. ***p<0.001 compared to corresponding DIO-NASH vehicle control (Dunnett's test one-factor linear model).

Improvement in NAFLD Activity Score and Fibrosis Stage

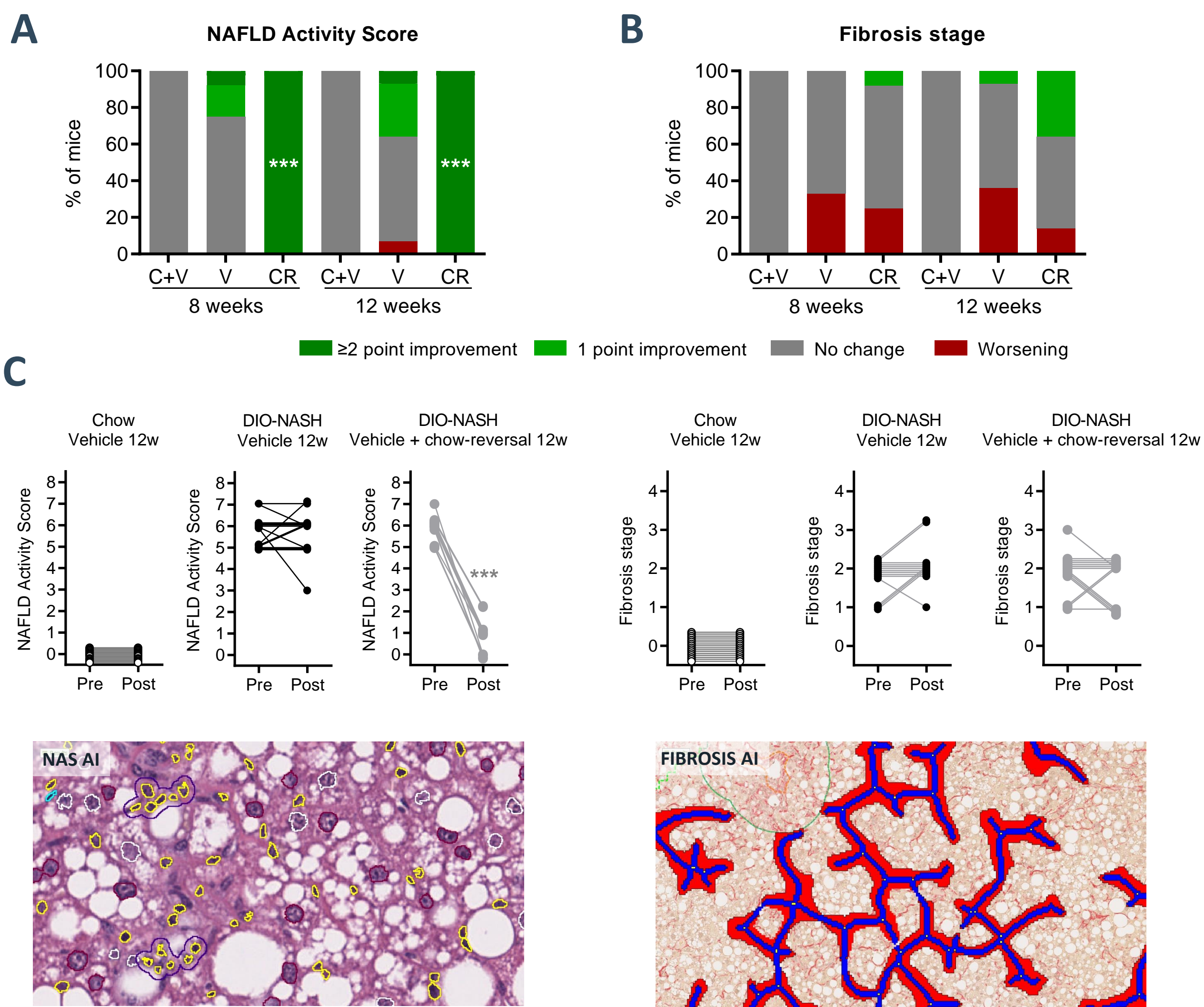


Figure 2. Chow-reversal improves liver histopathological scores in GAN DIO-NASH mice. Histopathological scores were determined by Gubra Histopathological Objective Scoring Technique (GHOST) deep learning-based image analysis. (A) NAFLD Activity Score (NAS). (B) Fibrosis stage. (C) Comparison of individual pre-post NAS and individual pre-post Fibrosis stage. ***p<0.001 to corresponding DIO-NASH vehicle group (One-sided Fisher's exact test with Bonferroni correction). Bottom panels: Representative HE and PSR photomicrographs used for GHOST evaluation.

Improvement in quantitative histology of steatosis, inflammation and fibrosis

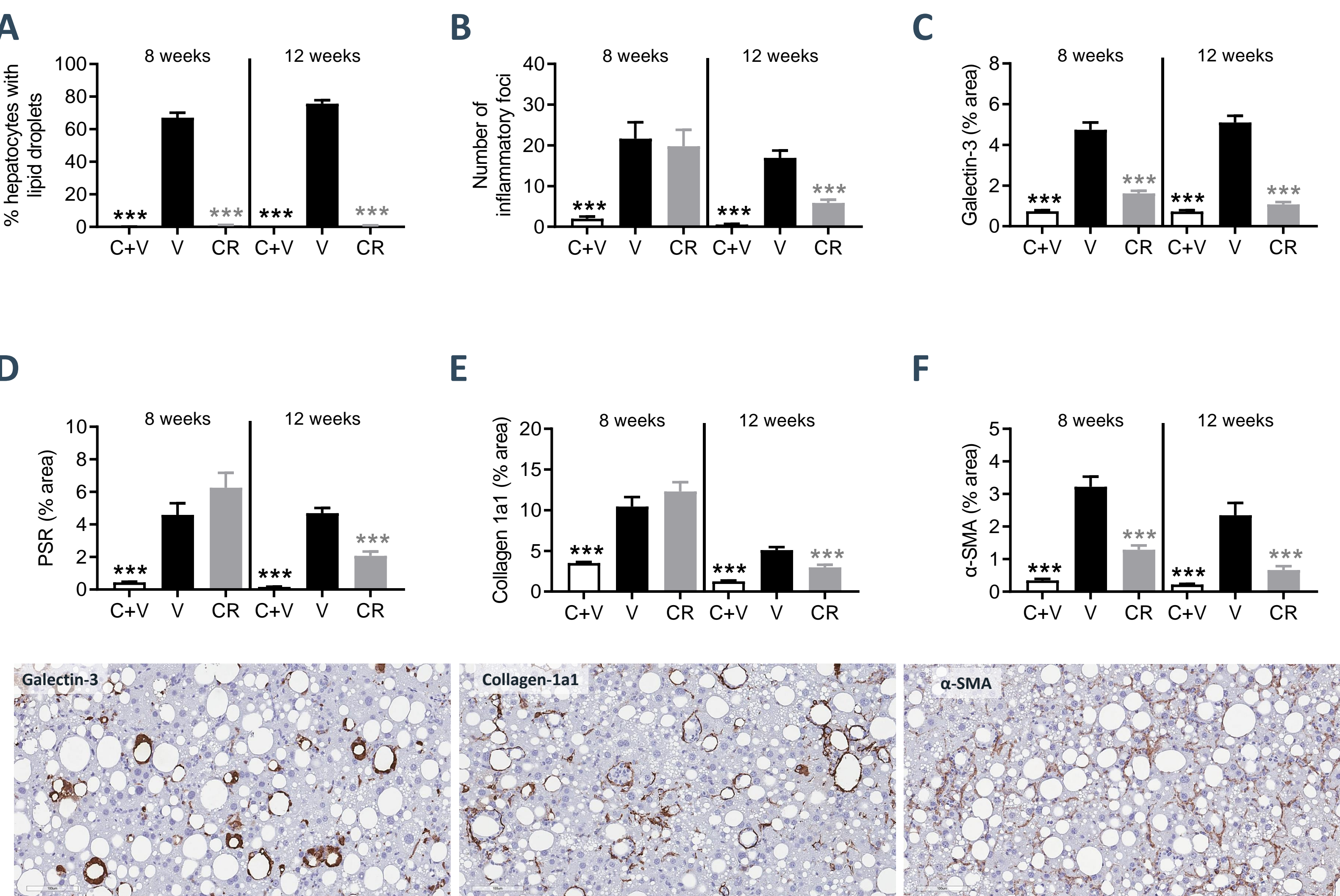


Figure 3. Chow-reversal improves quantitative liver histological markers in GAN DIO-NASH mice. Histo-morphometric assessments were performed by GHOST deep learning-based image analysis on scoring-associated variables (panels A-B) and conventional IHC image analysis (panels C-F). (A) % hepatocytes with lipid droplets. (B) Number of inflammatory foci. (C) % area of galectin-3. (D) % area of PSR. (E) % area of collagen-1a1. (F) % area of alpha-smooth muscle actin (α-SMA) as marker for stellate cell activation. Mean ± SEM. ***p<0.001 to corresponding DIO-NASH vehicle group (Dunnett's test one-factor linear model). Bottom panels: Representative galectin-3, collagen 1a1 and α-SMA photomicrographs (scale bar, 100 µm).

Improvement in transcriptomic profile for fibrosis

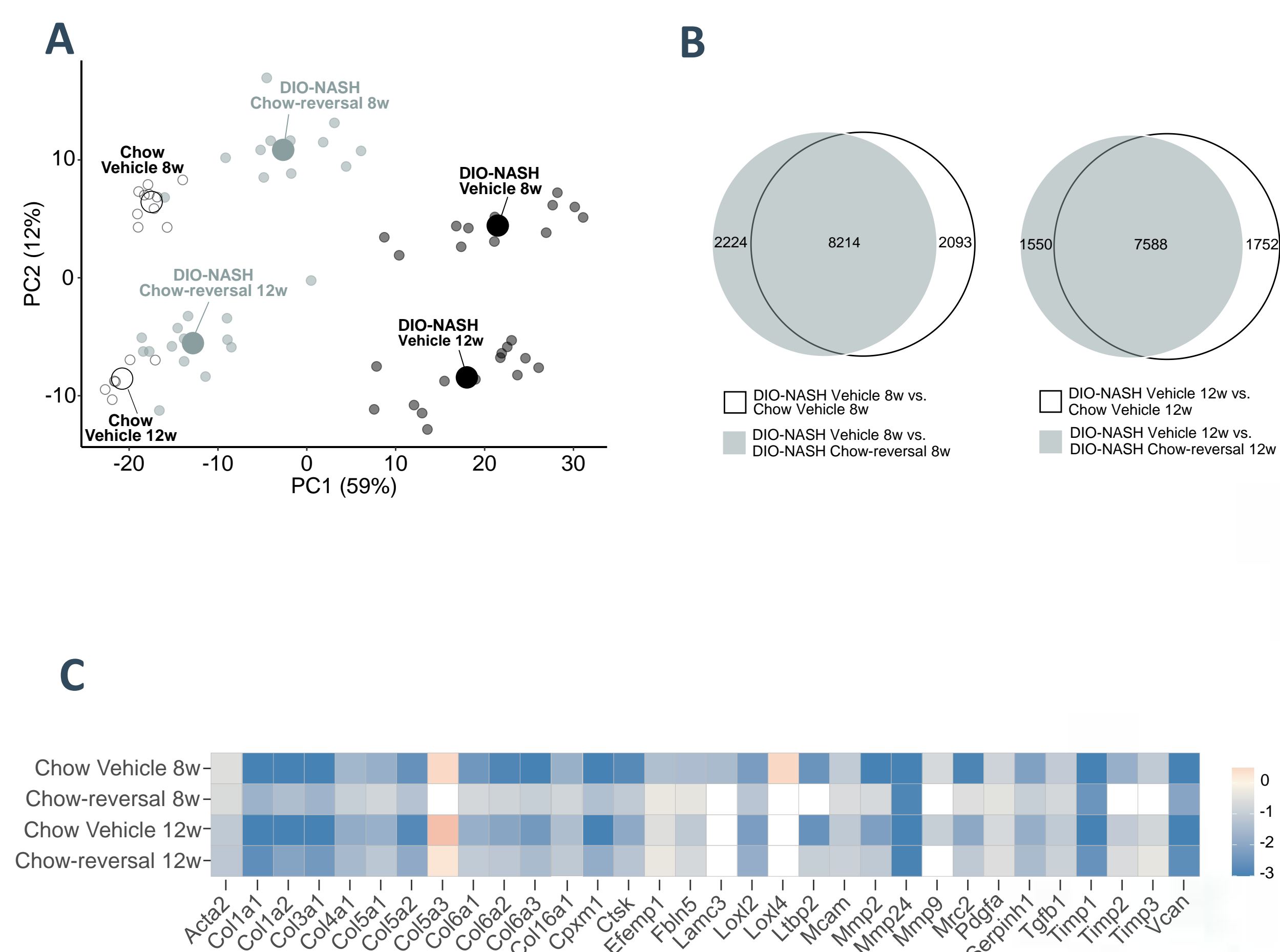


Figure 4. Chow-reversal suppress fibrosis-associated genes in GAN DIO-NASH mice. (A) Principal component analysis (PCA) of samples based on top 500 most variable gene expression levels. (B) Venn diagram depicting shared and separate differentially expressed genes in treatment groups. (C) Regulation of hepatic extracellular matrix (ECM) candidate genes (log2-fold change compared to corresponding DIO-NASH vehicle control mice). Blue colour gradients indicate significantly (p<0.05) down-regulated gene expression. White boxes indicate genes not significantly regulated (p>0.05) compared to corresponding vehicle-dosed DIO-NASH vehicle mice.

CONCLUSION

- + Chow-reversal normalizes body weight, plasma ALT and liver lipids.
- + Chow-reversal promotes ≥2-point significant improvement in NAFLD Activity Score.
- + Fibrosis stage was unaffected by chow-reversal, illustrating highly stable collagen architecture
- + Chow-reversal reduces quantitative histological markers of steatosis, inflammation and fibrosis
- + Chow-reversal demonstrate transcriptomic suppression of fibrosis-associated gene expression.
- + These findings agree with clinical findings, further highlighting clinical translatability of the GAN DIO-NASH mouse model